

TABLE 2

Work Restrictions for Healthcare Workers

Disease/problem	Work restriction	Duration	Category
Conjunctivitis	Restrict from patient contact and contact with the patient's environment	Until discharge ceases	II
Cytomegalovirus infections	No restriction		II
Diarrheal diseases			
Acute stage (diarrhea with other symptoms)	Restrict from patient contact, contact with the patient's environment, or food handling	Until symptoms resolve	IB
Convalescent stage, <i>Salmonella</i> spp.	Restrict from care of high-risk patients	Until symptoms resolve; consult with local and state health authorities regarding need for negative stool cultures	IB
Diphtheria	Exclude from duty	Until antimicrobial therapy completed and 2 cultures obtained ≥ 24 hours apart are negative	IB
Enteroviral infections	Restrict from care of infants, neonates, and immunocompromised patients and their environments	Until symptoms resolve	II
Hepatitis A	Restrict from patient contact, contact with patient's environment, and food handling	Until 7 days after onset of jaundice	IB
Hepatitis B			
Personnel with acute or chronic hepatitis B surface antigenemia who do not perform exposure-prone procedures	No restriction*; refer to state regulations; standard precautions should always be observed		II
Personnel with acute or chronic hepatitis B e antigenemia who perform exposure-prone procedures	Do not perform exposure-prone invasive procedures until counsel from an expert review panel has been sought; panel should review and recommend procedures the worker can perform, taking into account specific procedure as well as skill and technique of worker; refer to state regulations	Until hepatitis B e antigen is negative	II
Hepatitis C	No recommendation		Unresolved issue
Herpes simplex			
Genital	No restriction		II
Hands (herpetic whitlow)	Restrict from patient contact and contact with the patient's environment	Until lesions heal	IA
Orofacial	Evaluate for need to restrict from care of high-risk patients		II
Human immunodeficiency virus	Do not perform exposure-prone invasive procedures until counsel from an expert review panel has been sought; panel should review and recommend procedures the worker can perform, taking into account specific procedure as well as skill and technique of the worker; standard precautions should always be observed; refer to state regulations		II

Continued

*Unless epidemiologically linked to transmission of infection

†Those susceptible to varicella and who are at increased risk of complications of varicella, such as neonates and immunocompromised persons of any age.

‡ High-risk patients as defined by the ACIP for complications of influenza.

TABLE 2

Work Restrictions for Healthcare Workers (cont.)

Disease/problem	Work restriction	Duration	Category
Measles			
Active	Exclude from duty	Until 7 days after the rash appears	IA
Postexposure (susceptible personnel)	Exclude from duty	From 5th day after 1st exposure through 21st day after last exposure and/or 4 days after rash appears	IB
Meningococcal infections	Exclude from duty	Until 24 hours after start of effective therapy	IA
Mumps			
Active	Exclude from duty	Until 9 days after onset of parotitis	IB
Postexposure (susceptible personnel)	Exclude from duty	From 12th day after 1st exposure through 26th day after last exposure or until 9 days after onset of parotitis	II
Pediculosis	Restrict from patient contact	Until treated and observed to be free of adult and immature lice	IB
Pertussis			
Active	Exclude from duty	From beginning of catarrhal stage through 3rd wk after onset of paroxysms or until 5 days after start of effective antimicrobial therapy	IB
Postexposure (asymptomatic personnel)	No restriction, prophylaxis recommended		II
Postexposure (symptomatic personnel)	Exclude from duty	Until 5 days after start of effective antimicrobial therapy	IB
Rubella			
Active	Exclude from duty	Until 5 days after rash appears	IA
Postexposure (susceptible personnel)	Exclude from duty	From 7th day after 1st exposure through 21st day after last exposure	IB
Scabies			
<i>Staphylococcus aureus</i> infection	Restrict from patient contact	Until cleared by medical evaluation	IB
Active, draining skin lesions	Restrict from contact with patients and patient's environment or food handling	Until lesions have resolved	IB
Carrier state	No restriction, unless personnel are epidemiologically linked to transmission of the organism		IB
Streptococcal infection, group A	Restrict from patient care, contact with patient's environment, or food handling	Until 24 hours after adequate treatment started	IB
Tuberculosis			
Active disease	Exclude from duty	Until proved noninfectious	IA
PPD converter	No restriction		IA

Continued

TABLE 2 Work Restrictions for Healthcare Workers (cont.)

Disease/problem	Work restriction	Duration	Category
Varicella			
Active	Exclude from duty	Until all lesions dry and crust	IA
Postexposure (susceptible personnel)	Exclude from duty	From 10th day after 1st exposure through 21st day (28th day if VZIG given) after last exposure	IA
Zoster			
Localized, in healthy person	Cover lesions; restrict from care of high-risk patients†	Until all lesions dry and crust	II
Generalized or localized in immunosuppressed person	Restrict from patient contact	Until all lesions dry and crust	IB
Postexposure (Susceptible personnel)	Restrict from patient contact	From 10th day after 1st exposure through 21st day (28th day if VZIG given) after last exposure or, if varicella occurs, until all lesions dry and crust	IA
Viral respiratory infections, acute febrile	Consider excluding from the care of high risk patients‡ or contact with their environment during community outbreak of RSV and influenza	Until acute symptoms resolve	IB