

**INTERNATIONAL HEALTHCARE RECRUITERS**  
**LONG TERM CARE**  
**CLINICAL NURSING SKILLS SELF ASSESSMENT FORM**

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please indicate level of skill and experience in all listed areas.

**LEVELS OF PROFICIENCY: 0 = Never Done, 1 = Perform with Supervision, 2 = Perform Independently**

	0	1	2		0	1	2
<b>Medication Administration</b>				<b>Patients with Dermatological Problems</b>			
IV Antibiotics				<b>Wound Care:</b>			
IV Additives				Dressing Changes			
Controlled Substance Count & Security				Irrigations			
Syringe Count				<b>Use of Specialized Pressure Relief Devices</b>			
Controlled Substance Administration				Pressure Relief Mattress/ Cushions			
Unit Dose				Low Airless beds			
Pouring From Stock Medications				Air Fluidized			
Ophthalmic				<b>Prevention &amp; Treatment of Dermal Ulcers</b>			
Otic				Internal Causes (i.e. Poor Nutrition)			
Topical				External Causes ( i.e. Pressure, Friction)			
Rectal				<b>Patients with Respiratory Problems</b>			
Vaginal				Inserting an Oral Airway			
<b>IV Therapy</b>				Care of Patient with Tracheotomy			
Inserting IV's				Chest Physiotherapy			
Mixing IV's				Incentive Spirometry			
Regulating IV's				<b>Suctioning</b>			
IV Infusion Pumps				Oral pharyngeal			
Discontinuing IV's				Tracheal			
Heparin Locks				Nasotracheal			
<b>Infection Control</b>				Oxygen Delivery Devices			
Universal Precautions				Collection of Sputum Specimens			
Enteric Precautions				<b>Patients with Gastrointestinal Problems</b>			
Hazardous Waste / Sharps Disposal				Syringe Feeding			
Aseptic Technique				Bowel Restraining			
Respiratory Precautions				Bowel Cleansing Procedures			
Genitourinary Precautions				Care of Patients with Ostomies			
<b>Patients with Dermatological Problems</b>				Collection of Stool Specimens			
Assessing Normal Skin Changes				Sitz Bath Treatments			
Identifying Common Skin Problems							

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## LONG TERM CARE CLINICAL NURSING SKILLS SELF ASSESSMENT FORM, Pg. 2

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	0	1	2		0	1	2
<b>Patients with Gastrointestinal Problems</b>				<b>Patients with Cardiovascular Problems</b>			
Inserting NG Tubes				Care of Patient with Internal Pacemaker			
Inserting Gastrostomy Tubes				Pacemaker Check - Telecommunication			
<b>Administration of Tube Feedings</b>				Administering Oral Antiarhythmics			
Gravity Infusion				Administering IM Antiarhythmics			
Feeding Pump				Administering Oral Antiarhythmics			
<b>Other GI Tubes</b>				Administering Oral Nitrates			
Jejunostomy				Administering Topical Nitrates			
Cecostomy				CPR			
<b>Patients with Genitourinary Problems</b>				Identify Life-Threatening Dysrhythmias			
Insertion of Caterer – Female				Identify Normal Dysrhythmias			
Insertion of Catheter – Male				Assess Peripheral Pulses			
Catheter – Suprapubic				<b>Patients with Musculoskeletal Problems</b>			
Bladder Retraining				Cast Care			
Incontinence Management				Circulation Checks			
Continuous Bladder Irrigation				Range-of-Motion Exercises			
Intermittent Bladder Irrigation				Use of Hoyer Lift			
Collect Urine Specimen				Application of Prosthetic Devices			
Collect Vaginal cultures				Application of Orthotic Devices			
Removal of Pessary				Neuromuscular Disease			
Care of Patient on Dialysis				<b>Care of Patients with:</b>			
Care of Patient with A-V Shunt				Total Joint Replacement			
Fistula Care				Amputation			
Ileal Conduit				Arthritic / Rheumatic Disease			
Nephrostomy Tube				Transfer Techniques			
<b>Patients with Cardiovascular Problems</b>				Gait Retraining			
Administering Oral Antihypertensives				Use of Assistive Devices			
Administering IV Antihypertensives							

### LONG TERM CARE

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**INTERNATIONAL HEALTHCARE RECRUITERS**  
**CLINICAL NURSING SKILLS SELF ASSESSMENT FORM, Pg.3**

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	0	1	2		0	1	2
<b>Patients with Neurological Problems</b>				<b>Patients with Sensory Problems</b>			
<b>Care of Patients with:</b>				Cataracts			
Hallucinations				Macular Degeneration			
Agitation				Blindness			
Combativeness				Hearing Loss			
Anxiousness				Hearing Aid Devices			
Suicidal Ideations				Care of Contact Lenses			
Wandering				Prosthetic Eye Care			
Assessing Levels of Consciousness				Denture Care			
Reality Orientation				<b>Patients with Endocrine Problems</b>			
Care of Patient with Stroke				<b>Blood Glucose Monitoring:</b>			
Seizure Precautions				Performing Fingerticks			
Suicide Precautions				Use of Blood Glucose Strips			
Administration of Anticonvulsants				Use of Blood Glucose Meter device			
<b>OBRA Guidelines</b>				<b>Insulin Administration</b>			
Resident Rights				Mixed Insulin			
Use of Restraints				Single Type			
Interdisciplinary Care Planning							
Use of Antipsychotic Medications							

I certify the above to be true and accurate.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_